

# STOMPING GROUND

AN OVERNIGHT CAMP WHERE KIDS CAN THRIVE

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## WELCOME TO THE FAMILY

Thank you for joining us at the Stomping Ground this summer. We are thrilled to have you as member of the SG family. Our core philosophy comes from trusting the goodness in all people and treating people the way they want to be treated. Please let us know, at anytime, if there is anything we can do to make this summer better for your family or others in the community. We look forward to being a partner in helping your child as they start to discover and accomplish their dreams.

## WITH THIS LETTER YOU WILL FIND...

- 1.) A detailed **packing list** of common items campers typically bring to our camps.
- 2.) A clear explanation of when and where to arrive on **opening and closing day**.
- 3.) A **Physical Form** we need to have your child at camp. Please have your doctor fill it out and fax them to us at: 16073481667 or send it to us as an email: [laura@campstompingground.com](mailto:laura@campstompingground.com)
- 3.) A **flyer** we hope you will email to friends you think have children that would love the camp.

## OUR VISION

*An emergent community of self-directed learners  
practicing radical empathy and re-imagining a world  
where more is possible.*

## CONTACT US

We are so excited about this summer and would love to talk with you further about meeting your child's needs, or finding ways to partner or donate to camp year round. Please feel free to reach out to me any time.

Laura Kriegel  
Camp Director  
(585)489-8880  
[laura@campstompingground.com](mailto:laura@campstompingground.com)

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# SUGGESTED PACKING LIST FOR **STOMPING GROUND**

## **CLOTHING**

SHORTS  
SHIRTS  
UNDERWEAR  
SOCKS  
SWEATSHIRT  
SWEATPANTS  
JEANS  
LIGHT JACKET  
SWIMSUIT X 2  
MESSY CLOTHING  
PAJAMAS  
SNEAKERS  
SANDALS  
EXTRA PAIR OF SHOES

## **ESSENTIALS**

FLASHLIGHT  
WATER BOTTLE  
BUG REPELLENT

## **FOOD AT CAMP**

We ask that campers don't bring snacks and other food to camp. We are in a rustic location and don't want wild animals to get in to sleeping areas. We will provide snacks at multiple points throughout the day and three full meals where campers can eat as much as they need. If campers are hungry at any time we will have apples and other healthy snacks on hand.

## **TOILETRIES**

TOOTHBRUSH  
TOOTHPASTE  
SHAMPOO  
CONDITIONER  
COMB/BRUSH  
TOWELS (BEACH AND SHOWER)  
BODY WASH  
DEODORANT  
SUN BLOCK

## **BEDDING**

PILLOW WITH PILLOW CASE  
TWIN FITTED SHEETS  
SLEEPING BAG  
BLANKET

## **OPTIONAL**

GOGGLES FOR SWIMMING  
SUNGLASSES  
RAIN GEAR OR UMBRELLA  
CAMERA  
LAUNDRY BAG  
DECK OF CARDS  
STUFFED ANIMAL / PICTURE FROM HOME  
BOOKS  
PRE-ADDRESSED ENVELOPES  
STAMPS  
CELL PHONE

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SUGGESTED PACKING cont.

# STOMPING GROUND

## CELL PHONES AND TECHNOLOGY AT CAMP

### A COMMUNITY BASED ON TRUST

At Stomping Ground everything stems from trust. We trust each individual to spend their time the way they want at camp. We hope to be a place where kids can learn what it feels like to make decisions that lead to their own happiness. We see cell phones as a nutrient in this environment. No one will be shamed or coerced into not using their phone or technologic device. There will be so many other opportunities and experiences to encounter at camp and frankly we hope to out do phones tablets and video games in terms of the fun and connection we provide. Below are some things to keep in mind about bringing a cellphone to camp.

IT IS IMPORTANT TO NOTE THAT CELL PHONE SERVICE IS LIMITED AT THE SITE THIS SUMMER. DUE TO THE LOCATION OF CAMP, CAMPER WILL ALMOST CERTAINLY NOT HAVE RECEPTION AND WIFI IS NOT AVAILABLE AT CAMP.

1. Not every camper will have a phone, we hope that campers with phones will be empathetic to those without.
2. Camp can be a messy place. If campers or parents are worried about a cell phone or piece of technology being ruined, Staff members can help campers find safe clean places to house phones, but the Stomping Ground is not responsible for lost or broken devices.

If at any point during the week you do recieve concerning communication from your child please call me immediately so we can work out a plan and make sure your child is comfortable, safe, and well cared for. We pride ourselves in providing nurturing and trusting staff members and counselors to connect one on one with campers needs. We want to be the first line of communication to empower your child to take on new challenges, make new friends and grow.

Laura Kriegel  
(585) 489-8880

# OPENING AND CLOSING DAY AT **STOMPING GROUND**

## OPENING DAY DROP OFF SCHEDULE **SUNDAY**

Once you help your child settle in to their space, say your good byes and head out. We have lots of exciting activities planned for the first day that will help your child get acclimated to camp so that they feel comfortable and safe in our care. The rest of the schedule below will give you and your child an idea of what they can expect once you leave.

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3:00 -4:00 PM **Drop off**

4:00 PM **Parents leave. Introduction to camp, camp tour etc.**

5:30 PM **Dinner**

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## CLOSING DAY PICK UP SCHEDULE **FRIDAY**

4:30 PM - **Arrive at camp, meet campers in Dining Hall - 15 Minute Slide Show of the week**

5:00-5:30 PM - **“See you next year!”**

We hope you join us to watch a brief slide show of the week at camp! The campers will be excited to show you some of the fun activities and share with you some memories from the week.

### **SUMMER ADDRESS**

434 Page Pond Road  
Deposit NY, 13754

\*If you use the Waze app for directions we recomend using a different app on the way to camp. It seems Waze tries to bring you to camp using old logging roads that don't actually exist.

# MEDICAL INFORMATION FOR **STOMPING GROUND**

FORMS FOR ALL CAMPERS

A physical form signed by a doctor (required by New York State)

## PRESCRIPTION MEDICATIONS

New York State mandates that all medication, over the counter, perscription, as well as vitamins come in their original bottles.

## RETURN COMPLETED FORMS TO

[laura@campstompingground.com](mailto:laura@campstompingground.com)  
or FAX to (607) 348-1667

## QUESTIONS

If you have any questions or concerns please call, text, or email Laura anytime.